

NAME:

DATE:

EXPLORING PHYSICAL REGIONS:

The Appalachians

The Appalachian physical region makes up the east coast of Canada. The biggest islands found in this region include Newfoundland, Prince Edward Island and Cape Breton Island. Parts of Quebec are also included in this region along with Nova Scotia.

The physical features found in this region include mountains, plateaus and hills. The Appalachian region is part of a range of mountains.



CLIMATE

The climate of the Appalachian region varies from cool, warm or rainy summers to long winters that have lots of snow. The overall climate in the Appalachian region can be described as cool and wet for the most part of the year.

VEGETATION AND WILDLIFE

The Appalachian region is home to a variety of vegetation. Among this vegetation includes mixed forests which are made up of deciduous and coniferous trees. Violets, aspen, mountain ash, red spruce, white pine and sugar maple trees can all be found in this region.

A variety of wildlife calls the Appalachian region their home. Some of the animals include moose, beavers, black bears, white tailed deers and blue jays. The trees and water provide these animals with a good habitat.

NATURAL RESOURCES

The natural resources that can be found here include forests, water and soil as well as coal and fish. Other minerals that are found here include zinc, lead, copper and gold. Among the fish that can be found here are cod, salmon, Pollock, redfish, swordfish, clams, oysters, scallops and lobsters.

INDUSTRIES AND JOBS

The industries found in this region include farming, fishing, forestry and mining. All of these industries rely heavily on the natural resources found in this area.

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The minerals found in this region allow for mining to take place. These minerals were formed thousands of years ago.

Forestry is another industry that is popular in this region. This land is hilly and filled with mixed forests.

Fishing is one of the main industries found in the Appalachian region and it is also one of the oldest industries in this region. Scallops, herring, cod, salmon and lobster are all fished here.



RECREATION

Many people in this region live in small communities. This region offers a wide variety of sports and recreational activities such as whale watching, fishing, hunting, hiking, mountain biking and tourism.