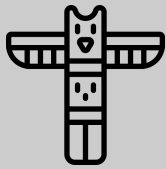


# Indigenous Cultures

## Watch



Watch this introduction video to Canadian Indigenous people.



Watch videos on West Coast Plants, important for Indigenous cultures



Hoop dancing tell stories. Watch this animated hoop dancer. What do you think the story is about?



Hear the story: Raven: A Trickster tale from the Pacific Northwest

## Read



Listen to the stories from Amy's Mythic Mornings to learn about Indigenous life.



Read about the three sisters, and how Indigenous nations garden



Read and listen and play games in our local Sencoten language.



Read about the animals that represent the seven sacred teachings.

## Create & Learn



Go on a virtual field trip to learn about daily Iroquois life. Can you make a traditional home from materials at home?



Learn how to create a traditional plant cedar, create a rose.



Create a comic strip that tells a story you'd like to share.



Pick an animal you connect with, and colour one of these traditional coloring pages.