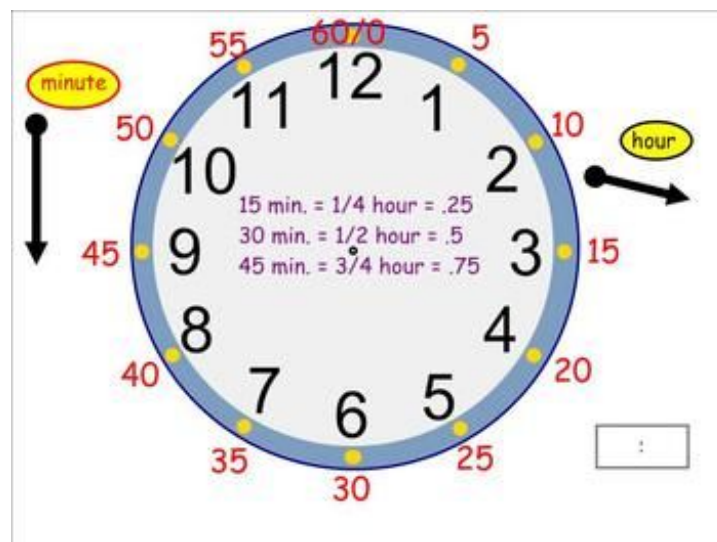


# Measurement

Time	
Unit of Time	Conversion
1 minute	60 seconds
1 hour	60 minutes 3,600 seconds
1 day	24 hours 1,440 minutes 86,400 seconds
1 week	7 days 168 hours 10,080 minutes 604,800 seconds
1 month	4 weeks (approximately) 28-31 days
1 year	12 months 52 weeks 365 days
1 decade	10 years
1 century	10 decades 100 years
1 millennium	10 centuries 100 decades 1,000 years



## Measurement

Length / Distance (mm, cm, dm, km)		
Unit of Length	Conversion	In real life...
1 centimetre (cm)	10 millimetres (mm)	About the width of your pinky
1 decimetre (dm)	10 centimetres (cm) 100 millimetres (mm)	About the width of your hand
1 metre (m)	10 decimetres (dm) 100 centimetres (cm) 1,000 millimetres (mm)	A large step
1 kilometre (km)	1,000 metres (m)	To Circle K and back

Mass / Weight (mg, g, kg)		
Unit of Mass / Weight	Conversion	In real life...
1 milligram (mg)	1/1000 gram (g)	A grain of sand
1 gram (g)	1,000 milligrams (mg)	A paperclip or piece of gum
1 kilogram (kg)	1,000 grams (g) 1,000,000 milligrams (mg)	A pineapple

Volume / Liquid Measures (mL, cL, dL, L)		
Unit of Liquid Measure	Conversion	In real life...
1 centilitre (cL)	10 millilitres (mL)	2 teaspoons
1 decilitre (dL)	10 centilitres (cL) 100 millilitres (mL)	Half a juice box
1 Litre (L)	10 decilitres (dL) 100 centilitres (cL) 1,000 millilitres (mL)	Half the water jug

Measuring Shapes	
Perimeter	Area
The outside of a shape	The inside of a shape
Add up all sides	Multiply the the width by the height

## Measurement